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**Evidence-Based Misinformation Interventions: Challenges and Opportunities for Measurement and Collaboration** 

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#### **Summary**

The lingering coronavirus pandemic has only underscored the need to find effective interventions to help internet users evaluate the credibility of the information before them. Yet a divide remains between researchers within digital platforms and those in academia and other research professions who are analyzing interventions. Beyond issues related to data access, a challenge deserving papers of its own, opportunities exist to clarify the core competencies of each research community and to build bridges between them in pursuit of the shared goal of improving user-facing interventions that address misinformation online. This paper attempts to contribute to such bridge-building by posing questions for discussion: How do different incentive structures determine the selection of outcome metrics and the design of research studies by academics and platform researchers, given the values and objectives of their respective institutions? What factors affect the evaluation of intervention feasibility for platforms that are not present for academics (for example, platform users' perceptions, measurability at scale, interaction, and longitudinal effects on metrics that are introduced in real-world deployments)? What are the mutually beneficial opportunities for collaboration (such as increased insight-sharing from platforms to researchers about user feedback regarding a diversity of intervention designs). Finally, we introduce a measurement attributes framework to aid development of feasible, meaningful, and replicable metrics for researchers and platform practitioners to consider when developing, testing, and deploying misinformation interventions.

### Introduction

Users of social media continue to be confronted with misinformation despite the progress made by major social media companies in scaling enforcement and ranking approaches to addressing the harms caused by misleading or inaccurate information online.<sup>1</sup> Research suggests both that informed users can slow the spread of misinformation<sup>2</sup> and that users want the tools to make these judgment calls for themselves, but we lack a robust foundation-al understanding of how to achieve this goal.<sup>3</sup> In this paper, we explore how greater collaboration between research communities—in particular, those inside technology platforms, the academy, and civil society—can accelerate progress toward empowering users to be safe and informed online.<sup>4</sup>

Bridge-building is necessary to unlock what types of interventions are best suited to address threats within the information environment, particularly in the context of democracies. One way forward to fostering evidence-based decisionmaking to tackle misinformation online is to establish a shared understanding of the aims of interventions and the metrics for assessing them. With advances in platform data access to external parties emerging through the European Union's Digital Service Act and the European Digital Media Observatory's outline guiding such a regime, this paper invites both academics and platform researchers to engage in a dialogue about how measurement research can evolve through collaboration.<sup>5</sup>

Research communities have different perspectives, priorities, and practices. In the context of studying misinformation interventions, taking stock of what generally sets research constituencies apart can illuminate the untapped opportunities for collaboration between them, or at the very least should suggest ways for overcoming existing barriers to collaboration. To

generalize, academics tend to be motivated by a basic scientific understanding of a phenomenon—in this case the consuming, engaging with, and sharing of misinformation, and secondarily interested in the design of platform features to affect those phenomena. Platform researchers, on the other hand, are primarily motivated by addressing problems on their own product surfaces and secondarily interested in advancing science. Similarly, research communities prioritize different contexts for impact: academics are inclined to optimize for advancing scientific understanding with high-quality and thoroughly cited publications; platform researchers aim to improve or inform new feature design.

Unsurprisingly, research communities lack a common framework for conceptualizing human behavior and for evaluating the efficacy of the online tools and strategies that aim to affect that behavior; we also miss opportunities for collaboration to develop these frameworks. Compounding this challenge, most research conducted internally by the platforms will only make its way into the public domain if the platforms choose to release the research publicly. This is similar to the "file drawer" problem in academia, where less interesting (and often null) results often fail to be published, causing bias in the overall accumulation of knowledge.<sup>6</sup>

External access to user data is front and center in the debate about the role of tech platforms in supporting public interest research, but is not the primary focus of this paper. There is important work happening on this front and the ultimate scope and governance around platform data sharing will be driven at least in part by regulation.<sup>7</sup> Instead, this paper attempts to advance the dialogue between researchers across sectors, recognizing that data sharing is uneven across platforms (and likely to remain so absent regulatory changes). We begin with the hope that the goals and motivations of researchers may productively align despite this unevenness.

Focusing on the development and evaluation of user-facing interventions,<sup>8</sup> we explore the following key questions that would benefit from collective problem-solving across research communities:

- How do the goals of developing meaningful and feasible measures factor into the selection of outcome metrics by researchers within and outside the major online platforms?
- What factors affect the impact of on-platform interventions that are not at play in lab settings, and how should measurement approaches account for them?
- Given the current data-sharing environment, what opportunities exist to improve the transferability of analyses across contexts and researchers?
- Given the highly sensitive nature of research and experimentation concerning informational dynamics and misinformation, how can we improve upon the current consent practices across sectors to protect and empower users as potential research subjects?

# **Outcome Measures**

Research on misinformation intervention today occurs within the silos of tech firms and large platforms and within academic, nonprofit, and independent research circles. While the ultimate goals of most (if not all) of those working in the field include reducing the spread and consumption of misinformation online, the specific questions asked, methodologies, and motivations may differ considerably. Because of these inherent differences in motivations, platforms and external researchers may prioritize differently the types of studies they conduct and, indeed, the very outcomes that are measured.

Research in this space generally falls into one of three types of experiment: small-n lab studies, which may examine the same subjects over time; live field experiments to simulate, with constraints, the act of changing features of the information environment; and live on-platform experiments. While platforms may conduct all three types of experiment at different stages of research or product design, the third category (on-platform experiments) almost always falls exclusively within the domain of experimental research conducted inside tech companies using privileged data access, much of which goes unpublished.<sup>9</sup>

# **Challenges in Defining Misinformation**

Designing and measuring the impact of interventions to counter misinformation reveals a fundamental challenge within the field: determining which content qualifies as misinformation and which does not.<sup>10</sup> Without some ability to identify and categorize the content in question (for example, misinformation), such that interactions with or perceptions of the content may be observed, researchers will have no ability to properly observe treatment effects.

Determining if a message or behavior is false and misleading is often a nuanced challenge whose outcome depends on context-specific examples. Consensus around underlying facts evolves over time, meaning that any decisions to adjudicate misinformation today could be revisited when new information arises. Facebook faced this challenge when it introduced a policy classifying claims that the coronavirus was human-made, labeling such content as violative, only to reverse that decision later.<sup>11</sup> It can be a challenge to apply such definitions in practice, where at-scale solutions require clear criteria against which an intervention can be designed.

Within academic scholarship, researchers have taken numerous approaches to manage this problem, such as relying on fact-checkers to make true/false decisions using their own judgment or leveraging compiled lists of problematic domains when attempting to measure the effects of interventions on misleading content.<sup>12</sup> Bounded definitions of misinformation assist academic researchers in producing replicable research, and third-party definitions help mitigate potential biases that could be introduced from simultaneously defining and analyzing problematic content. Platforms, in comparison, are necessarily operating outside the constraints of any one individual study and are necessarily charged with creating and enforcing policies that are both rigorous toward known harms and capable of covering future ones.

The central element of platform definitions of misinformation is the criterion that content be untrue, misleading, or deceptive—although the precise mechanics of this definition, and who is empowered to make that determination, varies significantly from service to service. For example, TikTok defines misinformation as "content that is inaccurate or false."<sup>13</sup> Twitter similarly targets statements that "advance a claim of fact, expressed in definitive terms" and are "demonstrably false or misleading, based on widely available, authoritative sources."<sup>14</sup> YouTube, in its misinformation policy, illustrates where misleading or deceptive content could pose a serious risk of egregious harm—especially when such content is aimed at promoting dangerous remedies or cures, suppressing census participation, distributing hacked material, or interfering with participation in democratic processes.

Most large online platforms today also incorporate in their continually evolving misinformation policies an emphasis on harm. Platforms may be clear that content is false and therefore misinformation, yet unclear on the potential to cause harm. They may be further unclear internally or collectively on what is the appropriate response (particularly given differences in the product capabilities associated with misinformation interventions at each platform). This lack of a commonly accepted and operationalized definition of false and misleading information makes it difficult, if not impossible, to accurately compare the efficacy of different interventions across studies or platforms. These definitional problems also complicate translation of academic research to on-platform tests if researchers and platforms have differing definitions of problematic content or are using content examples drawn from outside those platforms entirely.<sup>15</sup>

In the absence of a single common definition of misinformation that satisfies researchers, platforms, and the public, approaches that emphasize transparent and transferable content classification and measurement strategies may provide effective means for platforms and researchers to work toward shared outcomes.

Platforms, for their part, could consider publishing canonical lists or examples of content that meet their own definitions of problematic content and behavior for post-hoc research. This would incentivize the study of interventions that are optimized directly for platform

response and would enable a more informed, mutual conversation with external researchers. Facebook and Twitter have done this as part of their efforts to publish information about coordinated activity from inauthentic accounts.<sup>16</sup>

When human raters are involved in the evaluation of content, platforms also should strive to publish rater guidelines and data sets that make these judgments replicable. Google Search, for example, publishes the guidelines that humans use to evaluate pages for search quality.<sup>17</sup> Platforms will, however, need to weigh the potential risks of releasing data that could provide adversaries with insights to work around misinformation filters.

Academic research institutions are investing in similar areas, such as demonstrating the potential application (or limitations) of crowd-sourced judgments of information quality.<sup>18</sup> If proved successful, these would provide additional avenues for platforms and researchers to collaborate on research involving information quality decisions in an open and transparent manner.

# **Attributes of Ideal Metrics: Feasible, Meaningful, and Replicable**

For platforms or researchers that intend to evaluate the impact of interventions on people's assessments of information credibility, there are several attributes of ideal metrics to keep in mind. Depending on the goals of the intervention in question, measures should be feasible, meaningful, and replicable.<sup>19</sup>

The feasibility of a measure is determined by whether it is technically and legally possible to compute and is aligned with user expectations and the design of the product. Meaningful measures are those that quantifiably demonstrate that a change in platform performance produced changes in the attitudes or behaviors of users. Replicable measures are those that achieve consistent results among a target user population. Researchers inside and outside of the major platforms have different perspectives on these three attributes, given their vantage points and capabilities.

The choice of any particular metric must begin with the objectives of the intervention in mind.<sup>20</sup> Researchers may be interested in motivating people to more correctly identify the veracity of content, or more specifically, the ability to discern true from false content. Other researchers may be interested in correcting false beliefs. Still others may be interested in impacting future browsing behavior.<sup>21</sup> And some will want to focus not on beliefs, but on

sharing. The goal of platform researchers and product designers is to reduce people's exposure to misinformation and, when eliminating exposure is impossible, to give them the tools necessary to correctly identify misinformation as such.

Large platforms, because of their bias toward studying user outcomes that are observable at scale, and their privileged access to large data sets that allow for such analysis, tend to favor outcomes that fall along the causal chain of events between a user being exposed to a specific piece of content and a feasibly observable intent toward or engagement with that content. Such outcomes could be defined with measures that observe rates of sharing, clicks on pages, dwell time on content, or subsequent browsing behavior. Additionally, measures that are observable at scale also are replicable such that they enable key decisionmakers or executives to track the impact of interventions over time in order to evaluate overall product heath and performance of the intended feature. These measures, once defined, also have the added benefit of integration into automated A/B testing systems that directly impact product decisionmaking (such as through exposure in executive dashboards or briefings), providing a feedback loop of incentives for individual researchers to have measured impact on users at scale.

External researchers, on the other hand, do not have access to large-scale, high-resolution data that might enable them to study at scale the holistic relationship between user exposure and engagement. Academics cannot simply run large-scale observational studies using platform data whenever they choose, but rather are limited to data made available by platforms. Without the cooperation of the platforms, academics are unable to run causal studies in the way that platform researchers do because they lack the ability to manipulate platform users' experiences and because platforms don't release data on users' exposure to different interventions. While replicability is important to the broader scientific community to be able to independently and reliably say that the results are indeed true and replicable, these standards may or may not be met among platform researchers. For the latter, replication of a phenomenon outside their platform generally is a secondary concern or even a nongoal. For instance, an intervention tested on Twitter may aim to be internally reliable, such that repeated experiments will yield the same results among Twitter users; however, such a design is not necessarily intended or designed to work on any other platform or user population.

Behavioral scientists, in particular, have utilized small-n lab studies that often focus on how belief formation mediates content engagement following exposure, either immediately or after several days or weeks. Grounded in theory, these studies allow for advances in basic research that inform online intervention design. Additionally, external researchers are more likely to be incentivized to make contributions to foundational theory and advance scientific knowledge; this incentivization may or may not have direct and immediate applied impact on internet products and services.

# **Examples of Ideal Metrics in Practice**

Due to the general lack of access to internal platforms and the need to closely collaborate with platforms to conduct platform manipulations, academic researchers often lean toward controlled lab studies with specific outcome measures that are clear, easy to understand, and relatively simple to calculate. Examples of such metrics that have been proposed in the literature are discernment,<sup>22</sup> the ability of users to identify false from true content;<sup>23</sup> rates of sharing content (either observed or self-reported);<sup>24</sup> or the identification of a given piece of content's underlying rhetorical strategy.<sup>25</sup> It can be said that these metrics are meaningful, feasible, and replicable since they measure an outcome of interest to the researcher, can be readily measured in a controlled observational setting, and are transparently published.

With a mandate to evaluate the efficacy of new online strategies and access to full-scale platform data, researchers inside the platforms can study behavioral outcomes and attribute them to changes in features (for example, Gina Hernandez, "New Prompts").<sup>26</sup> They can also study indicators that are not observable to external clients (for example, YouTube Blog, "The Four Rs of Responsibility").<sup>27</sup>

Metrics may be chosen by platform researchers for combinations of reasons: because they fit within product-specific design considerations and user expectations; because key business leaders recognize and understand their importance; or because engineering decisions make it practically more feasible to measure one metric over another. While platform metrics may occasionally mirror or look similar to those used in smaller-scale lab studies, a key difference and consideration for platforms are the previously mentioned definitional attributes of what constitutes misinformation. Making decisions about perhaps several dozen content examples to conduct a lab study requires significantly different considerations than identifying and classifying that content at scale.

Measures of online user behavior are distinct from measures of offline real-world outcomes, which are less frequently studied in academic or platform contexts. Even if online interventions do shift user behavior, such as through changing the spread of online misinformation, there may be no real-world effect of such interventions. For example, rates of vaccine adoption may remain unchanged.

While there is a critical need to assess the causal relationships between online interventions and real-world behavior, it remains difficult and rare. A recent review of 223 studies examining misinformation countermeasures found only one study that attempted to link the impact of countermeasures to subsequent real-world behavior.<sup>28</sup> This likely is because studies that measure real-world outcomes are more complex to execute. It is difficult to establish causal inference, which requires the identification, follow-up, and potentially observation of the treated population in the real world. For their part, platforms may shy away from studying off-platform behavior for fear of pushing the boundaries of expected conduct by platforms (such as the privacy concerns inherent in evaluating offline behavior).

Improved collaboration with platform research partners may increase the likelihood that misinformation intervention research will apply to platforms and influence platform decisionmaking. Closer collaboration may also reveal to nonplatform researchers why, for instance, individual products within the technology industry (for example, Facebook Feed, Google Search) may differ in choosing one measurement strategy over another. These products must consider each feature's purpose, its users' expectations, and even their core values when attempting to evaluate the efficacy of misinformation interventions. This rationale often is opaque to both end users and researchers.

One interesting new step in this regard is the U.S. 2020 Facebook & Instagram Election Study,<sup>29</sup> a first-of-its-kind collaborative research effort between a team of over fifteen external academics with internal Meta researchers, engineers, and project managers to conduct over a dozen pre-registered observational and experimental studies aimed at understanding the impact of Facebook and Instagram on the 2020 U.S. elections.<sup>30</sup> The researchers identified four key areas of interest: "Political participation, political polarization, knowledge and misperceptions, and trust in US democratic institutions." In December 2021, Twitter announced a new consortium of external researchers to which it plans to disclose data about content moderation and platform governance issues, with the stated goals of providing "data-driven transparency" and encouraging public-interest research.<sup>31</sup> More collaborations like these are needed to meaningfully bridge the gap between the impactful work being done outside platforms and the ways in which these and other ideas may be implemented to help users.

### **Estimation of Treatment Effects**

In order to estimate the impact of a counter-misinformation intervention on an outcome measure, we must establish a causal relationship between the two. This causal effect of an intervention or treatment on the outcome measure(s) is called the "treatment effect." Approaches to designing experiments can broadly be classified into two categories: experimental approach (where the experimenter controls randomization of assignment of users to treatment and control) and quasi-experimental studies (where the experimenter has little or no control over randomization of assignment of users to treatment and control).<sup>32</sup> In this section, we discuss some considerations and challenges involved in the design of experiments, how they differ between practitioners working at digital platforms and those working in academia or the public sector, and how these challenges might be addressed.

# **Considerations for Experimental Approaches**

Assessing the efficacy of an intervention typically involves measuring the average causal effect of a treatment on units of population. The most robust form of causal inference can be drawn when the mechanism for assignment of the participants to the treatment groups is not dependent on factors endogenous to the system being analyzed. A common approach, both to industry and academia, to such measurements is the randomized controlled trial (RCT) or "A/B test." RCTs typically involve measuring the difference between the potential outcome with and without the treatment by randomizing the allocation of treatment in the experiment by a chance mechanism.<sup>33</sup> In theory, if designed and executed properly, since this difference in treatment is induced by factors exogenous to the system being analyzed (random allocation), the difference in the outcome measure can be attributed to the intervention. For example, in Pennycook et al. (2020),<sup>34</sup> participants in the experimental trial were randomly allocated to a treatment and a control group, where the presentation of accuracy reminders (that is, judging the accuracy of non-coronavirus-related headlines) nearly tripled the level of truth discernment for subsequent headlines in the treatment group compared to those in the control group who didn't receive an accuracy prompt. In this section, we discuss some salient challenges and considerations for researchers when trying to estimate these "treatment effects" and compare them between research conducted in a lab setting and research conducted on a live product.

One worry in any RCT is the possibility of a spillover effect, whereby an untreated unit in the experiment is impacted by the treatment of another unit. Lab experiments are generally the most secure from such threats to validity of inference, due to the fact that researchers can closely monitor the environment of the experiments. On the other hand, field experiments are the most at risk to spillover effects, as by definition they take place "in the wild." Most experiments run by platforms generally take place in the field, because platforms often run live A/B tests of potential new product features with a small representative section of their traffic to determine whether those features should be deployed.<sup>35</sup> In the lab environment, unmodeled spillover effects can be curtailed, but this is difficult on large social network platforms as a change in the behavior of user A could have spillover effects on the potential outcomes for user B if they are connected in the same network.

For example, in a paper exploring potential causal links between virality of misinformation and echo chambers—isolated networks of users with similar dispositions about a topic— Petter Törnberg found that a polarized network (or presence of echo chambers) increases the likelihood of spread of misinformation (because misinformation seems more authoritative and potentially also because users feel the need to conform to their group's point of view) suggesting presence of "network effects."<sup>36</sup> This makes the task of causal inference additionally difficult as any intervention that affects the outcome measures of a treatment group user within an echo chamber network (like reduction in number of false claims seen by the user on the feed) would affect the potential outcomes of all users connected to them (some of whom might be in the control group). Moreover, the strength and directionality of connections between users might also have implications for the experiment design, as not all users are equally influential in a social network and not all users are influential on all their network peers.<sup>37</sup>

Finally, it is hard to replicate the full effects of a social media feed—or a content recommendation feed—on the attention of the user in a lab setting (for example, by using a simulated static feed to assess the potential effect of the intervention on the subject). By contrast, in live A/B tests, since a small fraction of daily active users view the intervention in their organic feed, such attention effects are also accounted for. For example, users may exhibit lower recall for a media literacy banner intervention on a live feed as compared to a simulated feed in a lab since they have more familiar and interesting content competing for their attention.<sup>38</sup> An increase in perceived workload for the user can thus lead to what is often called banner blindness, which it has been suggested may affect the recall of the salient stimuli for the user over time.<sup>39</sup> As such, there is both scope and need for collaboration between industry and academia to study how lab experiments may inform complex mechanisms in the wild, such as those involved in interventions designed to affect how users process salient stimuli.

# **Considerations for Quasi-experimental Approaches**

In some cases, randomized allocation of the treatment and control conditions may not be feasible, equitable, or otherwise desirable, such as where geographic location determines exposure to a treatment (for example, a public information campaign run by a local government agency) or individuals self-select into the treatment group (and therefore make random allocations infeasible). In such cases, investigators might consider a type of observational study, also known as a quasi-experimental approach, to measure average treatment effects. While quasi-experimental approaches have their advantages (like lower costs), they also have some major disadvantages as compared to experimental approaches in that they are

vulnerable to selection biases and therefore more challenging for making causal inferences. We briefly discuss some of the challenges practitioners face when deploying such approaches to estimate treatment effect.

Quasi-experimental designs try to address the concern of selection bias by attempting to mimic randomization by constructing a control group that is as similar as possible to the treatment group in terms of observable baseline pre-intervention characteristics. This acts as a counterfactual and aims to capture the outcome that would have resulted if the intervention had not been implemented. Hence, the treatment effect is calculated by measuring the difference in outcomes between the treatment group and the control group.<sup>40</sup>

As an illustrative example, to measure the effectiveness of a public advisory and counter-misinformation labeling campaign during a disease outbreak scenario in a country,<sup>41</sup> a social network might construct a quasi-experimental study by comparing the change in some predefined outcome measures (like recall of the counter-misinformation label, click-through rates or shares for labeled articles, and more) for users with prior exposure to nonlabeled posts who were then exposed to the labeling campaign compared to a control group of similar users who were exposed to the labeling campaign without any prior exposure to nonlabeled posts (identified based on a score-matching technique like propensity score–matching<sup>42</sup> or Mahalanobis distance matching).<sup>43</sup> The primary challenge in conducting such studies, faced by both researchers at digital platforms and those working in academia and public sector, is that they may lack sufficient evidence to establish causality at the end of the study or may not account for reverse causality or two-way causal relationships. For example, users who were not exposed to an online travel advisory ad campaign related to a hypothetical disease outbreak might receive such information from other sources like news on television or friends and family.

Some recent innovations have been made in studying online user behavior, particularly with respect to tackling misinformation, by conducting randomized experiments using a hybrid lab-field approach. In such studies, online treatment allocation is randomized within survey experiments or directly on social media platforms (administered by direct messages, public posts, or social-tie invitations), and then the subsequent social media behavior of the participants is observed. Since this study setup would involve not making the users explicitly aware that they are participating in an experiment, there are several ethical considerations with this approach beyond the obvious need to protect the user's privacy and avoiding user exposure to harmful content. These considerations have been discussed in detail by Mohsen Mosleh, Gordon Pennycook, and David G. Rand in their 2022 work on "Field Experiments on Social Media."<sup>44</sup> An alternative approach—employed in the U.S. 2020 Facebook & Instagram Election Study—is to enroll subjects with their consent into studies with experiments carried out on-platform and then evaluated with both survey and on-platform measures.<sup>45</sup>

#### **User Experience Research**

In the nascent field of countering misinformation, where new interventions are often without precedent, it is imperative for platform researchers to check foundational assumptions about their ease of use, or their "usability." User experience (UX) research aims to help uncover issues that interventions may cause for some users relating to their understanding and perceptions of the design, and how interventions may impact their views on associated products or features.<sup>46</sup>

Applying UX thinking and evaluation to proposed interventions can help inform the iterative process of designing interventions to work for on-platform environments. While academic research on misinformation interventions closely evaluates the effects of various approaches on attitudes or behaviors about the misinformation itself, there tends to be less scholarly research about the users' perceptions of the interventions.<sup>47</sup> Platforms always and continuously conduct UX research to gather novel insights into the preferences, pain points, and utility of new features, including misinformation interventions. This research is largely uncontroversial. Greater sharing of it may help the academic community tailor interventions research or help answer basic questions around the user-perceived utility of such designs.

Product teams must consider user perceptions and expectations from specific features. For example, a misinformation intervention that was highly effective by some measure (for example, reducing the spread of misinformation) yet greatly disliked by users would be unlikely to be prioritized for development compared to features that could strike a balance between the two. In the context of developing consumer products, developers and policy-makers must consider not only what is effective at mitigating a problem, but also what will be received positively and enthusiastically by a user base. Academic research that measures user likability in addition to other key metrics of interest would increase the probability that these ideas would be further tested, and potentially adopted, by industry.

There are many options for UX research. For example, platforms often conduct qualitative user research studies involving a small group of users who are shown a new feature or application while observers watch, listen, and take notes. Alternatively, survey studies may be conducted to measure the likability or perceived utility of a feature, or sentiment toward it. These questions can be added directly to intervention lab studies, providing an opportunity for researchers to gather data about how users may react to an intervention. Platforms, with their vast UX teams and deep knowledge on user expectations, could openly publish design guidelines and product-specific user expectation principles so academics who are researching misinformation interventions could, if they so choose, conduct research informed by the feasibility of product implementation.

Finally, user research will allow researchers to learn whether users understand a new policy and resulting enforcement action and whether they recognize and perceive a new contextual feature in the way it was intended. Such research can offer opportunities for researchers to optimize interventions that balance advancement of scientific knowledge, impact, and user perceptions. Evaluating users' understanding of interventions is also an essential part of researching efficacy—preliminary small-n interviews with mockups can reveal design shortcomings, a potentially key consideration in misinformation interventions such as labeling that may be broadly divisive or poorly understood.<sup>48</sup> User-centered research thus helps avoid developing a flawed theory of change from shortcomings in intervention design and can ultimately improve the efficacy of translating promising lab studies to effective online interventions.

### **Unintended Consequences**

An awareness of potential biases and blind spots can help improve experimental design and is imperative when moving from the lab to the applied context. While both lab and on-platform research allow for the study of treatment effects, the opportunities for discovery of unintended consequences are far greater with on-platform experiments.

Research proposals to study intervention efficacy typically include a theoretical framework that explains the hypothesized impact on affected individuals. Because the lab environment is by definition a simplification of the live environment, there will be less opportunity for researchers to observe interaction effects between variables of interest, which may affect how well findings in the lab translate to platform deployments. The large differences between the user populations of each platform (for example, the younger demographic of TikTok users compared to Facebook users) are also likely to cause outcomes to differ depending on the product context in which the intervention is deployed.

For example, academic studies suggest that fact checking features—which aim to provide users with authoritative context alongside search results or online posts about dubious claims—can reduce false belief.<sup>49</sup> But in certain circumstances they can lead to an "implied truth effect," whereby labeling a subset of false information as "false" promotes overconfidence in the accuracy of unlabeled information.<sup>50</sup> The implied truth effect exemplifies the potential for unanticipated, undesired dynamics associated with deploying an intervention that is typically studied in a lab environment at scale. With more dialogue between the academic and platform research communities, we can develop shared knowledge of how interaction effects play out online that can inform both academic interventions research and appreciation of platforms' decisionmaking variables.

Individuals have different needs, preferences, and risk profiles with respect to information online, and studies examining aggregate effects may miss patterns that exist among subgroups. Research indicates, for example, that information literacy differs for groups with low versus high cognitive reflectiveness,<sup>51</sup> that elderly people are more likely to share misinformation,<sup>52</sup> and that some communities (for example, service members<sup>53</sup> and those with racial grievances<sup>54</sup>) are at heightened risk of being targeted by misinformation campaigns. Any average treatment effects across the general population will likely mask important nuances among communities, including potentially adverse effects.

Academic researchers with the expertise and mandate to explore the likelihood of differential outcomes can use their vantage point to anticipate where population-level effects may vary within subpopulations, such as across demographic factors like age, ethnicity, gender, or political affiliations. Platforms, though they may have enormous volumes of user data, are often constrained by data collection practices and internal policies from collecting very specific demographic information that is commonly gathered via the battery of questions completed by research subjects in lab studies.

Platforms therefore may not have the data available from live studies to analyze differences in outcomes at a demographic level, while researchers working in the lab environment can more carefully control for demographics. While the latter context may allow for a better control of confounding variables and thereby a clearer understanding of the treatment effect in the lab environment, the prohibitive marginal cost of recruiting a large pool of participants across demographic groups can often hamper the generalizability of such findings.

As we have seen around the globe, online interventions to tackle misinformation can be sensationalized and manipulated by political actors. In India, members of the ruling party accused Twitter of selective targeting when their tweets were labeled as "manipulated media."<sup>55</sup> Russia threatened YouTube with "retaliatory measures" following the removal of its German-language state media RT channels for containing COVID-19 misinformation,<sup>56</sup> and YouTube faced twin lawsuits in the United States in 2019 from groups on both the right and the left of the political spectrum for labeling content "restricted."<sup>57</sup> Similarly, authoritarian actors seeking to control the information environment have abused interventions for their own benefit, as was the case during Syria's civil war when Bashar al-Assad's government attempted to censor opposition voices on Facebook by falsely reporting their content for policy violations and copyright infringement.<sup>58</sup> Regardless of its lack of empirical basis,<sup>59</sup> such politicization risks undermining the intended impacts of interventions on the users they were designed to help.

Though the problem of unintended consequences is unbounded, platforms might anticipate and build in mitigations through "red teaming," a process that's commonly deployed in technology companies, in which teams are challenged to take an adversarial approach to identifying weaknesses in a system. Indeed, platforms have embraced red teaming to help identify hacking vulnerabilities,<sup>60</sup> and even deepfakes that might propagate misinformation.<sup>61</sup> Scenarios concerning proposed broader misinformation interventions might also benefit from this type of exercise.

Platforms can also address the limitations of their own expertise and potential bias by expanding fellowships, research grants, and engagements with a broad and diverse representation of users and experts from across geographic, ideological, and political perspectives.

# Consent

Approaches to obtaining consent from subjects studied in research differs considerably between projects conducted by industry and academia. Often the Terms of Service (TOS) to which end users agree as part of using a digital platform is the basis for gaining consent of participants in on-platform live experiments, with some platforms seeking further consent from users to be part of deeper studies.<sup>62</sup>

In Facebook's current TOS, for example, the platform says user data is used "to develop, test and improve our Products," as well as "to conduct and support research and innovation on topics of general social welfare, technological advancement, public interest, health and well-being."<sup>63</sup> Such clauses are vague and tell users little about what data they generate and how it is used by companies for research purposes. Moreover, most people do not read the TOS; some surveys have suggested that upwards of 90 percent of users click yes without reading the terms,<sup>64</sup> although the way the agreement is presented can increase consumption of it.<sup>65</sup> According to some surveys, social media users are not aware that their public posts are used in research and feel that they should be asked explicitly before such data can be studied.<sup>66</sup> That being said, most citizens are also not aware that their votes or employment statuses are used in research all the time, and few would suggest that we need consent from voters or workers to study election results or unemployment trends over time.

In contrast to the platforms' research consent norms, academics often rely on institutional review boards (IRBs), many of which consider publicly available social media data not to be related to human subjects. This may exempt researchers from seeking informed consent from participants, raising ethical concerns around the use of such data, particularly in studies of interventions that do not involve direct engagement with end users.<sup>67</sup> This exemption has led individual researchers or research teams to navigate their own ethics for using social media data.<sup>68</sup>

In a highly networked environment, users might be agreeing to give up data related to other users, without their knowledge. For example, should the consent of a single user in a private WhatsApp group to share data about the communications of the entire group be sufficient grounds for such a data transfer? Similarly, what considerations might be given to the impact of other users exposed to a participant who agreed to take part in experimental research around the labeling of misinformation should they decide to share content related to the study? These questions, however, also point to the importance of taking a nuanced approach to what it means to share data for research: surely there is a difference between reporting that user A shared misinformation and including user A's behavior in a study that examines the prevalence of misinformation and platform or the impact of a particular intervention on the overall prevalence of misinformation among the treatment as opposed to the control group.<sup>69</sup> The issue of consent from users to be studied as part of research is fraught with ethical challenges.

Issues around consent can become murky when industry collaborates with academics. In one well-known example, Facebook garnered significant backlash for its collaborative 2014 study with researchers at Cornell University that deliberately manipulated the emotional responses of unsuspecting users.<sup>70</sup> The study was designed in consultation with the academics and relied solely on Facebook's TOS. The researchers only sought IRB approval from Cornell after the experiment had been conducted. Cornell would later claim that because the professor in question "did not participate in data collection and did not have access to user data" and Facebook conducted the analysis, "he was not directly engaged in human research and that no review by the Cornell Human Research Protection Program was required."<sup>71</sup> However, the journal where the academics published their paper based on the experiment did require one for research on human subjects.

Alternative approaches have been proposed, drawing from models in the field of health, seeking "waivers of normative expectations" to gain consent, whereby participants must fully understand what the specific act is that they are allowing to happen to them as participants in a study within the context it occurs.<sup>72</sup> That level of understanding is not likely achieved through vague language in a TOS outlining that personal data might be used for a variety of research purposes. Other approaches could include offering features or browser extensions that require a user to not just add the extension but also clearly opt in to be a subject in a research project.

The field of intervention research would benefit from norms and standards around user awareness on how their data can be used for research purposes, mechanisms for gaining consent (particularly at scale for a large group of users), and existing academic approaches such as IRBs. Future measurement research would benefit from dialogue and alignment between the platforms, external researchers, academic administration, human rights advocates, and ethicists on questions such as: What types of studies are ethically conducted using a TOS as the basis for consent? How can IRBs be updated to address social media data? What other ways can informed consent be acquired? What sort of biases might be introduced by optin-only consent approaches to participating as a research subject? What is the right balance between acquiring sufficient consent from participants in research and conducting necessary studies involving nontrivial portions of a population on interventions to reduce serious risks and harms?

#### Conclusion

Major social media and technology companies continue to make algorithmic, user interface, and policy changes to their products to address information integrity challenges on their platforms. Concurrently, researchers in academia and the public sector continue to study and advance the science of misinformation discernment among the general public, its impact

on sociopolitical outcomes, and the efficacy of methods to mitigate the problem of spread of misinformation online. Major social media companies and academic/public interest researchers agree on the desirability of providing the public with more skills, context, and tools to evaluate the information they encounter online.<sup>73</sup> Yet, collaboration between the two sectors has been limited by, among other things, various definitional, methodological, and data stewardship challenges.

In order to define common measures of efficacy for interventions to help users confront misinformation, there should be a shared approach toward categorizing the problematic content (such as "misinformation," "disinformation," "influence operation," and so on). One step in helping overcome this challenge would be for platforms to publish canonical lists outlining the definitions they use for problematic content and how they categorize it (providing examples), thus allowing academic researchers to use such information in their work.

Since there also exists, between industry and academia/the public sector, a difference in preference and ability to measure certain outcomes of intervention efficacy (owing to design constraints or access to data), there is an increasing need for research partnerships that align experts across disciplines to conduct novel experiments. Such partnerships should also help overcome methodological challenges in measuring the efficacy of intervention measures that exist for researchers working in academia or the public sector, as they are able to design live experiments without having to simulate or approximate the product experience, and industry experts gain credibility for their impact reports.

These definitional challenges and a lack of consilience in approaches to measurements research between fields of study and sectors could also be addressed by creating a multinational research center to study the information environment and threats within it, such as misinformation. Indeed, an independent multinational research facility could bring different types of researchers together to develop a shared understanding and related terminology, while protecting the independence of those involved. In building shared engineering infrastructure, such an institution could also speed up measurements research.

The only path to knowing, and agreeing, that we are deploying effective interventions is to establish a shared understanding of the goals of each intervention and the metrics that tell us how well they are working. Accessible, responsible external research with platform data will not only unlock greater insights but also deepen cross-sector collaboration. As the data sharing environment evolves, we can expedite progress by exploring and alleviating the methodological and applied complexities of collaboration between industry and academia. The authors hope to invite both social media platforms and academic researchers to participate more actively in dialogue and contribute toward this evolving space of measurement research.

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### Notes

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- 4 We intend this paper to be useful to a wide range of research communities, including those inside and outside technology platform companies, such as researchers in academic institutions, the public sector, and civil society. Our aim is to be inclusive with our language, but for the sake of simplicity we use the term "academia" or "academic" to represent all researchers working outside of technology platform companies to advance the understanding of misinformation interventions.
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- 9 Moreover, the decision of what gets published is not random. As one of us has written previously (Tucker, with Nathaniel Persily), "most research conducted internally by the platforms will only make its way into the public domain if the platforms choose to release the research publicly. In academia, this is known as the 'file drawer' problem, where less interesting (and often null) results fail to be published, and as a consequence the overall accumulation of knowledge is biased" (see Franco, Malhotra, and Simonovits, "Unlocking the File Drawer"). "When we consider this from the perspective of for-profit corporations, the net result can be even more pernicious, which is that the overall accumulation of knowledge would likely be biased in the direction of research that puts the platforms in a better light. However, knowing the potential for such biases to exist should lead outside observers to discount such research accordingly, making knowledge accumulation that much more difficult" (Persily and Tucker, "How to Fix Social Media").
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- 32 Donald T. Campbell and Julian C. Stanley, *Experimental and Quasi-Experimental Designs for Research*, (Ravenio Books, 2015).
- 33 The simplest RCT designs typically have a treatment group and a control group; however, variations on the design can have either multiple treatment groups (treatment A versus treatment B versus control) or a factorial design (treatment A versus treatment B versus treatment A and B versus control). For example, Toni G.L.A. Meer and Michael Hameleers measured whether news media literacy interventions on users could promote a more cross-cutting media consumption by randomly assigning participants to three groups where they were exposed to news media literacy messages with injunctive norms, descriptive norms, or none at all (Toni G.L.A. Meer and Michael Hameleers, "Fighting Biased News Diets: Using News Media Literacy Interventions to Stimulate Online Cross-cutting Media Exposure Patterns," *New Media & Society* 23, no. 11 (July 30, 2020): 3156–3178, <u>https://doi.org/10.1177/1461444820946455</u>).
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